

SIMPLE STEPS FOR MEASUREMENT

Getting the perfect fit



1

GET A MEASURING TAPE

Kindly choose the inches or the CM side depending on the size chart



2

SHIRT MEASUREMENT

Shoulders and Chest measurement

Measure the shoulders from one end to the other. If the shoulder is 15", the shirt size should be size 32. If you want a larger size, choose the next bigger size. The sizing is calculated: $(\text{Shoulders} \times 2) + 2$



3

PANTS/ SKIRT MEASUREMENT

Waist Measurement

Measure the area where you usually wear your pants/skirt. For example, you wear at the hip area, kindly measure at the hip area. If the measured size is 31", you can round up and choose size 32".

The length of the pants/skirt is standard, alteration of the length is at your discretion. However, once altered, no exchange is allowed.



4

PE ATTIRE MEASUREMENT

Choose the CM side on the measuring tape.

PE Shirt.

Measure from shoulder to shoulder and follow the sizing chart.

PE Shorts.

Measure the waist. All our PE shorts comes with an elastic waist band that is stretchable,



5

SOCKS MEASUREMENT

Below are the recommended sizes for socks (Follow the UK Shoe size):

For Primary School:

S Size (UK Size 33 and below), M Size (UK Size 34-37), L Size (UK 38-41), XL Size (42 and above)

For Secondary School:

Free size: UK Size 42 and below, XL: UK Size 43 and above



6

SHOE MEASUREMENT

► Size Conversion ◀

Shoe Size	36	37	38	39	40	41	42	43	44	45
Feet Length	235	240	245	250	255	260	265	270	275	280
UK Size	2	3	4	5	6	7	8	9	10	11
US Size	3	4	5	6	7	8	9	10	11	12